

OMMA
SANTORINI

SPA TREATMENT MENU



ELEMIS
LONDON

OMMA Spa Philosophy

'We never settle for the second best. We are dedicated to providing the most advanced treatment protocols through cutting-edge formulations with the pioneering products of tomorrow'

Our Therapists at OMMA Spa are highly trained to deliver an exceptional bespoke experience, focusing on your well-being. We all have different needs, therefore your individual preferences are thoroughly explored through a detailed lifestyle consultation, to ensure that we deliver what you need, when you need it. We are all about personalization and we believe that each visit should leave you with an exceptional skin result and an extraordinary piece of mind.

We have joined forces with ELEMIS, that formulates products that encompass the most Powerful biological actives available from both 'above and below' the earth's surface with meticulous attention to detail, delivering pioneering formulas and remarkably transformative results. Superior botanicals and laboratory made ingredients such as peptides and anti-oxidants, are only some of the formulations we embrace in each of our therapies. We are dedicated to delivering treatments that visibly renew and enhance the appearance of the skin with cutting-edge formulas and detailed protocols of efficacy and technique.

Unique signature protocols have been designed, inspired by local botanicals and the ancient name of Santorini to enhance on your experience of this unique and mesmerising location.

Welcome to the future of your well-being. Welcome to OMMA Spa.



OMMA Signature Spa Rituals

OMMA 'STRONGILI' Lymphatic Drainage Leg Massage 45mins

Inspired by Santorini's initial name, 'Strongili', meaning 'round' in Greek, this massage uses round 'Wringing & Hacking' Massage techniques to help target poor circulation on thighs and legs and achieve a great drainage result. We target tired legs, fluid retention and the 'orange-peel' effect caused by bad circulation and prolong sitting. A perfect therapy after traveling or for those that want to relieve discomfort in the legs. Using the ELEMIS Cellutox Aroma Spa Oil that includes high concentrations of Juniper & Lemon we encourage cleansing, directly attacking the effects of cellulite.

*Choose to add a rubberised Slimming Leg Mask for 20 more minutes, whilst enjoying a blissful Head & Scalp Massage (€50).

€110

OMMA Plants of Santorini 90mins

This treatment is inspired by the precious plants of Santorini; The soil in Santorini is mixed with volcanic ash, therefore when trees find the power and love to grow they are really precious. These include Mimosa Trees that find roots to grow between buildings in Santorini to offer a beautiful shade and path, Olive trees, Figs, Pines and Eucalyptus...This Top-To-Toe therapy, harnesses the powers of Olive Oil in a comforting and relaxing full body massage and the powers of Mimosa, Figs, Pines and Eucalyptus in a Booster Facial that offers radiance and glow in an instant. A journey into aromatics and textures with Minerals & Vitamins that will let you feel completely reinvigorated and recharged. Your skin will glow with vitality and good health, as if you just had a 'healthy smoothie' for your skin. A true journey inspired by the Greek nature and powered by ELEMIS.

€160

OMMA Volcanic Hot Stone Powerful Massage 60mins/90mins

Using Volcanic smooth cut stones that are bathed in the ELEMIS Frangipani Monoi Body Oil, we encourage natural healing and the release of trapped energy within your muscles. Hot Stones are worked deep getting into areas of tension. The result is sparkling vitality with the added bonus of intensely hydrated skin. Achieves all over deep relaxation, with penetrating heat from the stones, and introduces you to a new level of touch and indulgence.

€150/€190



OMMA Signature Massage Spa Ceremony

OMMA Signature Mindful Massage Ceremony 90mins

Through relaxation a state of consciousness can be achieved and by massaging specific points the stabilization of cardiac and respiratory functions is obtained with deeper relaxation and a greater resistance to disease. The levels of energy and vitality are increased through improved blood circulation and predominantly positive thoughts. We take you through a thorough lifestyle consultation to discover the best massage journey for you, at that day, that moment, that very minute.

€150

The Signature Journeys:

- **Hypnos (Sleep):** Restoring Mind and Body with a deeply relaxing blend that is formulated with 13 pure essential oils including Elemi and Palmarosa in a skin conditioning base of Amaranth and Bacuri Oil. Switch off your mind and release yourself into the safe hands of a deep, restful and restorative experience that will promote a healthier sleep. Wrap yourself in a blanket of calm.

- **Sthenos (Fortitude):** A grounding and harmonizing experience of an empowering blend that contains 19 essential oils including Geranium, Cedarwood and Ylang Ylang. Helps you feeling grounded and confident, empowering your spirit rooting yourself in the earth, restoring your center and encouraging confidence.

- **Eraemia (Calm):** Soothing and Calming, creating an oasis of calm and some sanctuary for the mind. Bringing yourself back into the moment with a soothing and hypnotic blend of aromatics. Rosewood helps to lift your spirits. Clary Sage encourages calm, whilst Lavandin works to unwind and relax. This is to settle the mind, to let the quiet in.

- **Deavgia (Clarity):** The day is yours with this invigorating blend. Energizing Bitter Orange, refreshing Cardamon and warming Ginger work together admits a balance blend of awakening essential oils to sharpen your concentration. Breathe in the breeze of change.

- **Angalia (Embrace):** Diving straight into the heart of life's opportunities with this sensual blend of heady aromatics. Falling in love with the sense of liberation. A combination of warming Vetiver, sweet Frankincense and deep potent Rose Pepper inspires a sense of adventure. Channeling your energy and nothing can stop you.



The Massage Therapy Collection

ELEMIS Deep Tissue Massage 30mins / 60mins / 90mins

This is a vigorous workout for the body, perfect to alleviate high stress levels. Tailored entirely to your needs, it leaves you feeling grounded and focused. Our therapist will select an aromatic oil according to your concerns, be they muscle pain, stress relief, pure relaxation or emotional balance. Skin is prepped to release toxins and the flowing massage works deeper and deeper into the tension, encouraging optimum circulation.

As effective as an hour's stretching, but so much more nurturing.

€85 / €115 / €140

ELEMIS Mineral Body Boost Energising Massage 60mins

This powerful treatment stimulates every cell in the body, helping alleviate muscular pain and remove toxins. The minerals are a catalyst to warm and deeply relax the body, perfectly prepping for the nourishing Amber balm, while the mind is whisked off to invigorating shores with this aromatic oil. This is a revolutionary, minerally-charged experience of skin conditioning, metabolic balancing and energising wellness.

€120

ELEMIS Frangipani Head, Scalp, Shoulders & Neck Massage with Hair Treatment Mask 60mins

This scalp massage is so blissful it should be illegal. Tension is dissolved using a combination of the ancient Chinese healing massage Tui Na and Japanese Shiatsu, while Indian and Thai kneading invigorates and clears your head. We can either make you float like a butterfly or sting like a bee. You choose. Added bonus the amazing Frangipani Monoi Hair & Scalp Mask. * This treatment includes a 20min Back Massage.

€100

PREGNANCY

ELEMIS Peaceful Pregnancy Massage 75mins

This unique pregnancy massage is a profoundly nurturing and tranquil oasis. Mothers-to-be are lulled and restored to optimum wellness.

An intuitive, sensitive and relaxing massage hydrates and moisturises skin that is expanding, to accommodate a growing baby. Only nurturing aromatics are imparted – along with wisdom, empathy and respect.

€150



The Face Therapy Collection

ELEMIS Superfood Pro-Radiance 60mins

This is a crafted nutritional boost for stressed, dull skin. Rich in superfoods, essential minerals and trace elements; Magnesium, Potassium, Zinc, Vitamin A and E form a mineral army to jump start tired and exhausted skin. An amino active mask helps restore lost moisture, deeply nourish, detox and pack the skin with powerful, energising nutrients. Skin is left smoother, plumper and luminously radiant – stress-free and lit up with good health. €110

CODAGE Lightening Peeling Treatment 45mins

This treatment is specially dedicated for skin with dark spots and pigmentation needs. A true highly exfoliating professional peel to smooth out skin texture, lighten the complexion and visibly fade dark spots for an even and radiant complexion. €140

ELEMIS Peptide Skin Sync 24/7 30mins/60mins

Target tired skin with this radiance-restoring Peptide facial. Powerful botanical formulations, exclusive to ELEMIS, are combined with specialist massage techniques to replenish skin with a well-rested glow. €85/€110

ELEMIS Pro-Collagen Age Defy 60mins

This is the treatment to tackle fine lines and wrinkles and help support the cellular structure of the skin. The proven benefits of marine charged Padina Pavonica and Red Coral help plump out fine lines, whilst Indian Mulberry reduces skin-fatigue, helping relax wrinkles. Targeted lymphatic drainage massage re-energises and rejuvenates, while an age-defying peel-off mask encourages the highest cellular function, visibly improving firmness and elasticity for beautifully nourished, younger looking skin. €130

ELEMIS Pro-Collagen Definition Lift and Contour 60mins

Powered by breakthrough technology targeting sagging jowls, cheeks and jawline, this facial helps restore the architecture of the face. The Arjuna and Lupin-infused jowl and chin mask works on elasticity, whilst potent nutrients and stem cells found in Endelweiss and Tiger Grass help support the extra-cellular matrix. The structure of the skin is boosted through a unique, deep, muscle toning massage from the scalp to the décolleté. The skin appears plumper and revitalised, creating a profound sculpted, youthful effect. €140

ELEMIS Pro-Collagen Facial Workout Massage (Face & Eyes & Neck) 60mins

This is a cardio session for your face, that tones, tightens and sculpts the facial contour. This is a workout for your face, and not just a facial; Using the ELEMIS Sculpting wands we help encourage micro-circulation all over the face and at the same time help penetrate the ELEMIS active ingredients to the deeper levels of the epidermis. The Ultra Smart Eye Tools target puffiness and dark circles around the eye contour area and then we perform the ELEMIS Jowl & Chin Signature Massage that helps firm and tighten the area around the chin, after we've applied the Jowl & Chin mask, that is infused with plant stem cells to help your skin's cellular matrix produce elastin for a firmed and lifted effect. Expect a tighter and firmer skin with a reduction in fine lines & wrinkles. This facial workout simulates blood circulation, promotes collagen production and visibly tones and lifts the facial contour. €100



The Men's Collection

ELEMIS High Performance Skin Energiser 60mins

This is the hard-working facial for ageing, stressed, dehydrated skin and tired eyes. An energising treatment that speaks to every skin concern, restoring vital moisture and nutrient levels. Multi-dynamic facial massage sequences boost circulation, whilst targeted scalp and foot massage deeply relax. Finally, the uniquely nourishing Pro-Collagen Marine Cream for Men is worked into a receptive, revitalised skin for a vibrant and energised result.
€110

Back Facial 30mins

Deep Cleansing and exfoliation with a purifying mask for clogged pores. We target back acne and oiliness on your back. This treatment will help with inflammation, itchiness, dryness and help you look better without a shirt on.
€90



Scrubs & Wraps

ELEMIS Body Nectar Nourishing Wrap – Frangipani or Sweet Orchid 60mins

This lusciously fragrant, intensely moisturising body wrap will transport you to the Far East. The velvety texture of the Monoi oil offers super-hydration, quenching a thirsty skin. The aromatic oil is applied using sweeping strokes with maximum attention paid to any particularly parched areas. You are kept cocooned and warm while the mood-balancing aromatics and skin conditioning oils do their work. An emotionally grounding experience for skin that has never felt silkier.

€100

ELEMIS Intensely Cleansing Salt Scrub – Lime and Ginger or Frangipani 45mins

Fragranced salt will gently slough away dead skin cells, encouraging the regeneration of new cells. It leaves a smooth and responsive canvas, ready to absorb the deeply nourishing body oil.

€80

CODAGE Luxury Sugar, Macademia & Shea Butter Body Scrub Treatment 45mins

This full-body scrub, infused with Sugar, Macademia and Shea Butter, eliminates dead skin cells, refines skin texture, revitalizes and reawakens the skin. Particularly suited for those who wish to exalt the beauty of their skin. The treatment is rounded off by the personalized application of concentrated body milk that gives vitality to the skin. Reveal skin that is smoother and incredibly soft.

€75

The Body Therapy Collection

Detox & Re-Shape

ELEMIS Thousand Flower Detox Wrap 60mins

This nutrient-rich detox wrap uses the deeply nourishing Green Algoserum to encourage super skin health and powerful detoxification. It helps stimulate the elimination process and restore equilibrium to leave you feeling completely reinvigorated.

€120

ELEMIS Aroma Spa Ocean Wrap – Cellutox OR Musclease 75mins

This seaweed treatment detoxifies and deep cleanses the body inside and out, combining the richness of sea plants and marine algae with aroma-therapeutic actives. Excellent for improving the dimpled appearance of cellulite and reducing fluid retention. A warm seaweed body mask combined with a detoxifying blend of Juniper and Lemon essential oils is applied to the body, before you are cocooned in a comforting foil wrap, whilst being treated to a deep Thai drainage facial massage and de-stress scalp treatment.

€140

ELEMIS Targeted Slimming & Tightening Treatment 30mins/90mins

Tightening and toning are the pillars of this treatment. A powerful blend of salts, minerals and seaweeds work together to target cellulite and poor skin tone on hips, thighs, abdomen and backs of arms. Nigari salt deeply cleanses, followed by a targeted sculpting massage to kick-start the micro-circulation, promoting a smoother silhouette and invigorating the entire body. A cooling rubberised mask, rich in super-detoxing caffeine and green clay is applied to problem areas, whilst clinically proven Red Algae redefines areas prone to sagging. The result is a targeted body airbrush and skin that looks and feels intensely toned and refreshed.

Choose a localised treatment: Arms, Hips & Thighs, or Abdomen

€90/€170



The OMMA Spa Packages

All OMMAs On You 75mins

The ritual begins with thoroughly exfoliating your feet with a quick soak into a blend of detoxifying Juniper and Lemon. We then continue with a full body exfoliation using Sea salt blended in Lime, Ginger and Jasmine Flower extracts and finish with an expert Deep Tissue Massage focusing on your back. After we thoroughly cleanse your body, removing dead skin cells and excess toxins, we pay attention on working deep into the muscles, and ligaments on your back improving chronic pain, tension and helping for a better rhythm in life. We then treat you to a Greek Botanical Tea whilst you unwind and get ready to return to the beauty of the island.

€160

*Add a 30' Booster Facial to make this the ideal Bridal or Groom Package: €220 (per person)

OMMA Medi-Aesthetic Anti-Ageing Skin Boost 2hrs

These are two hours of Skin Renewal through the ELEMIS Pro-Collagen Definition Lift & Contour Facial that uses a collagen fiber mask that targets sagging jowls & chin. Massage techniques that involve cheeks as well as the whole face using plant Stem Cells known for their incredible powers to target skin that has lost its elasticity due to age or lifestyle factors. We use our expert lifting techniques to reveal the best and youngest looking version of yourself, layering serums and masks that will give your skin the best Anti-Ageing 'Drink', while we remind muscles to firm and lift. We then treat you to a 60 minute body tightening treatment focusing on Hips & Thighs and Arms, increasing circulation and creating a firming sensation through a rubberized mask, infused with Red Algae and Encapsulated Caffeine. A true experience of Anti-Ageing Results.

€200

OMMA Complete State of Calmness 2 Days

This is your ultimate spa package to reach the highest level of relaxation and calmness. Choose one of our Signature Massage Journeys and combine with one of our expert Face treatments with the added bonus of a Foot Treatment Ritual. A Crown-to-Base Spa Experience that will leave you feeling completely restored and renewed. It's this Spa Experience you've been wanting to have but never found time to do so. Begins with the Massage on the first day and the Facial and Foot Treatment on the second day to leave you flying on cloud 9.

€210



The OMMA SPA Couple's Retreats

Exotic Massage Lovers 90mins

(Full body & Scalp Massage)

Enjoy an enveloping relaxing Massage with the use of the Frangipani Monoi Body Oil. Frangipani Flowers are considered to be 'The Flowers of the Gods' and are used in French Polynesia for wedding beds to bring good luck and prosperity. Your skin will feel softly fragranced with this mesmerising scent whilst the Monoi oil will be deeply nourishing and softening skin tissues. The Massage addresses the body from head to toe with relaxing techniques with special attention on places where you feel that tiredness has been a stubborn threat.

*You can choose to have these rituals with the view of Caldera and the Aegean either early in the morning or during sunset under our Outdoor Spa Pavilion €280 (for both)

Face & Body Sensation for Two 2hrs

(Full Body Massage with Facial)

This is a complete nutrition for your Face & Body powered by the ELEMIS Superfood Pro-Radiance Facial after an invigorating Mineral Boosting Massage. You are first treated to a body massage that uses the powerful Amber Balm to connect body and senses in a De-stressing blend of Essential Oils with Lavender & Eucalyptus. You then enjoy the facial treatment of your life, using the Vegan Friendly ELEMIS Superfood Range that involves necessary Minerals, Vitamins and Skin Superfoods to reveal a bright and flawless complexion.

€400 (for both)



Hands & Feet

HANDS

ELEMIS Garden of England Rose Restore Hand Treatment 30mins

Hand massages are alarmingly relaxing. And this is the last word in conditioning, restorative, anti-ageing hand treatments. Targeting age spots and dryness, you'll walk out with the softest little paws and a blissed-out smile on your face.
€50

Weekly Polish Vegan Manicure - €60

Men's Manicure - €50

FEET

ELEMIS Best Foot Forward Foot Treatment 30mins

Take a load off with this foot-focused tension releaser. Lower legs and feet are thoroughly exfoliated, bathed and massaged. The treatment softens and smoothes, to leave feet as supple and fragrant as a Rose.
€50

Weekly Polish Vegan Pedicure - €70

Men's Pedicure - €60

Make-Up & Waxing Services upon request



OMMA Spa Etiquette

SAFETY & HYGIENE

At OMMA Spa we practise all safety procedures before and after your treatment, following all hygiene protocols and standards, that ensure your visit is free of worries and stress. Your health and well-being is always our priority.

IN-ROOM TREATMENTS

Many of our treatments can be performed in the comfort of your room. Please enquire at Spa Reception for details. There is an extra charge of €50.00 for any Spa In-Room appointment.

OPENING HOURS

The Spa is operating between 10:00am and 18:00. Upon timely notice in advance, we will be able to satisfy your requests for treatments outside the above hours; Couples' treatments will have to be requested 24 hours in advance.

SPA RETAIL BOUTIQUE

A full selection of ELEMIS products and Suncare products is available to purchase at the Spa Reception. Please ask for a complete Skin and Lifestyle Consultation to ensure you take the best at-home experience with you.

ONCE IN THE SPA

Please respect the privacy of other guests. Refrain from smoking or using mobile phone and cameras. We recommend you leave all valuables in your room or use one of our lockers. The Spa does not assume liability for any valuables.

HEALTH

Please make sure you let us know of any health concerns, allergies, injuries or recent operations.

THE EXPERIENCE

The Spa will provide towels, slippers and all amenities that are needed for your Spa visit. For outside guests there is an additional fee of 50 Euros, in order to book a treatment.

RESERVATIONS

We recommend advanced booking to ensure your preferred times are available. The spa provides walk-in bookings based on availability. Plan to arrive at least 15 minute before your treatments to allow enough time for consultation. To make a spa reservation, please call the Spa Reception from your guest room.

GIFT CERTIFICATES

We offer Gift Certificates that make a wonderful gift for a special occasion. Please enquire with our Reception for details.

AGE

The minimum age for Spa usage is 16. For any treatments booked for ages under 18, we will need a Parent's approval and Signature.

LATENESS & CANCELLATION POLICY

Your late arrival may result in a reduction of treatment time as a courtesy to our next guest. We ask for a minimum of 6 hours' notice for cancellations. With fewer than 6 hours' notice you will be charged the full price.

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